



EVERY BRIDE DES
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Our Bridal Spa
DAY. AT CULLODEN
& SPA, OUR BESPO
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Bridal Preparations

*The Spa at Culloden offers a **tranquil haven**
for a little **pre-wedding pampering**.*

*Discover our carefully curated bridal
packages, designed to leave you feeling
relaxed, restored and beautifully **prepared**
for your special day.*



PRODUCT LINE

Medik8

Known for its science-led skincare and targeted treatments, Medik8 can help address a range of concerns, from dullness and dehydration to uneven texture and the appearance of fine lines. With a personalised approach, your bridal skincare journey can be tailored to your individual skin needs and wedding timeline.

**BOOK SIX MEDIK8 FACIALS AND RECEIVE
A COMPLIMENTARY HOMECARE KIT**

CULLODEN ESTATE & SPA



Medik8 Treatments

Medik8 Peel - **MEDIK8 PROFESSIONAL PEELS** *(45 MINUTES)* £110

Medik8 peels are professional grade exfoliating acid treatments designed to visibly resurface, refine and re-texturise the skin in just 45 minutes. All Medik8 peels feature innovative Time Release technology, ensuring a controlled release of actives for maximum efficacy and optimal comfort. Our Targeted Peels are designed to do just that, they target specific, stubborn skin concerns to reveal fresher, healthier-looking skin in just 45 minutes.

CHOOSE FROM FIVE TARGETED PEELS

UNIVERSAL AHA PEEL

An ‘everyone’ peel which is suitable for all skin types and concerns. It visibly brightens, smooths, de-congests and revitalises the skin. Ideal for a first-time peel or to prolong the results of previous peels.

SENSITIVE PHA PEEL

A gentle yet effective peel, designed for extremely sensitive or redness-prone skin. This peel works to visibly smooth the skin texture and helps to promote a stronger skin barrier.

REWIND PEEL

An age-defying peel that helps to promote collagen production, in order to reduce the appearance of fine lines and wrinkles. It fades away imperfections, leaving the skin visibly smoothed and rejuvenated.

EVEN PEEL

A brightening peel that targets sun damage, hyperpigmentation and dull, uneven skin tone. Helping to minimise excess melanin production, the Even peel visibly fades hyperpigmentation for a more even and radiant complexion.

CLARITY PEEL

A purifying peel to effectively clarify and decongest the complexion. This peel rapidly brings blemishes under control and dramatically reduces the risk of future breakouts.

Medik8 Treatments

CRYSTAL RETINAL AGE-DEFYING FACIAL (60 MINUTES)

£140

Our most rejuvenating facial, powered by Crystal Retinal and enhanced with our transformative sculpting massage. This facial is a truly bespoke experience and tailored to meet your skin's unique needs. Designed to deliver visible results in just one treatment, it helps to reduce the appearance of wrinkles, boost radiance, and improve skin firmness.

Skin Concern: *Fine lines and deep-set wrinkles.*

Results: *Visibly smooths wrinkles, enhances radiance, plumps and firms the skin.*







Spa Tisserie Package

50 MINUTES £135

Enjoy your choice of one 50-minute spa treatment followed by a delicious afternoon tea, served in our Zest Café or served in the hotel for a £10 supplement.

Choose between:

- Back, Neck & Scalp Massage
- Personalised Facial
- Prenatal Massage
- Body Tonic

Dine & Indulge Package

50 MINUTES £135

Treat yourself to a 50-minute ESPA Treatment before enjoying a two course lunch at the Cultra Inn.

Choose between:

- Back, Neck & Scalp Massage
- Personalised Facial
- Prenatal Massage
- Body Tonic

Sequoia Couples Serenity

100 MINUTES £175
(PER PERSON)

This treatment offers a tranquil escape for two in the Sequoia Spa Suite, giving you and your partner time to relax together.

Includes:

Back, neck & shoulder massage, marma points to lower leg & foot massage, personalised facial & scalp treatment



Health Club Membership

YOUR PRE-WEDDING WELLNESS JOURNEY

Feel your best in the lead-up to your special day with a **three-month membership** to The Health Club at Culloden Estate & Spa. Enjoy full access to the gym, swimming pool and thermal facilities, giving you the time and space to focus on your wellbeing, fitness and relaxation ahead of the celebrations.

Three-Month Wedding Health Club Membership

£450 per person

Personal Training Package

For a more personalised approach, add six one-hour personal training sessions, tailored to your individual goals.

6 x 1-hour sessions | £150



THE Bridal Era

YOUR BRIDAL JOURNEY CAN INCLUDE:

- Hen Parties
- Personalised Skincare Plans
- Bridal Preparation
- Bridal Glow Treatments
- Pre-Wedding Facials
- Bridal Party Pamper Days
- Wedding Morning Treatments
- Relaxation & Wellness

Contact Us

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