



Available
March, April & May



Brighten & Balance Ritual

£150 PER PERSON

Brighten and refresh dull, lethargic complexions with this glow-giving facial. This treatment harnesses the power of Gua Sha, a sweeping massage which stimulates the lymphatic and circulatory systems. Alleviate tension with a soothing leg and foot massage using metamorphic techniques to rebalance and ground

Experience Includes:

- Skin analysis with Skin Vision™ lamp
- Facial cleanse & exfoliation
- Gua Sha facial massage
- Hand & arm Gua Sha massage
- Leg and foot massage
- 80 minute treatment
- Includes light lunch in zest café
- 2.5 hours use of facilities

To book please call **028 9042 1135**
or email thespa@cull.hastingshotels.com