

JUICE BAR  
Zest




# Relax & Relish

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**Monday — Sunday**  
Open from 8am

**A 10% discretionary service charge will be applied.**

We offer Gluten Sensitive options but do not operate in a fully Gluten-Free kitchen.



# Breakfast & Light Bites

Kickstart your morning with a healthy breakfast in zest juice bar that promises to set you up for the day or energise your work out. Enjoy freshly brewed coffee, fresh fruit and delicious breakfast snacks in a relaxed atmosphere pool side or to take with you on the go.

<b>Fruit Smoothie</b>	<b>£5</b>
<b>Watermelon Pot</b>	<b>£4</b>
<b>Pineapple Pot</b>	<b>£4</b>
<b>Overnight Oats</b> Oat milk, honey, toasted coconut & blueberry compote	<b>£6</b>
<b>Raspberry &amp; Cashew Granola Bowl</b> Clandeboyne yoghurt & blueberry compote	<b>£7</b>



# Lunch

## Cold Sandwiches

£12

*Served on Irwin's white, wholemeal or gluten-free bread with tortilla chips & green salsa*

Clements free range egg mayonnaise & cress

Grant's roast ham, Dubliner cheddar & Ballymaloe relish

Roast chicken, thyme & cracked pepper mayonnaise with gem lettuce

Slow-cooked Northern Irish beef, sun-dried tomato, rocket & Dijon mayonnaise

Ewings smoked salmon, gem lettuce, buttermilk wheaten, potato salad & soft-boiled egg

## Hot Sandwiches

### Grilled Cheese Sandwich

£17

Roast red pepper, tomato & chilli chutney, béchamel sauce, smoked Allenwood cheese, rocket salad & skinny fries

### Korean Fried Chicken Burger

£24


Korean slaw, gochujang glaze, gem lettuce & skinny fries

## To Share

### Lishman's Charcuterie Plate

£25

Grilled breads, Irish cheese, olives, charcuterie meats, pickles & chutney



# Drinks

## **Zest Smoothie Special**

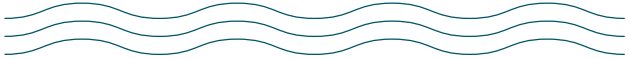
**£4.50**

Ask server for details

## **Freshly Squeezed Orange Juice**

Squeezed daily here in Zest Juice Bar

**£4**



# Cocktails

Dive into refreshment with our exquisite selection of poolside drinks! Our menu features a vibrant array of cocktails made with fine spirits and fresh ingredients. As well as a list of wines, beers and soft drinks, all perfect for allowing you to relax, unwind and take time for yourself. Come sip, savour and enjoy the ultimate poolside experience.

## **Pineapple Spritz**

**£14**

Pineapple and ginger gin liqueur topped with fine Italian Prosecco

## **Bishops Berry Bramble**

**£14**

Gin, blackberry liqueur, sugars, lemon

## **Aperol Spritz**

**£14**

Summer classic aperol topped with fine Italian Prosecco

## **Estate Mint Mojito**

**£14**

Rum, lime, fresh estate mint from the garden

## **Rhubarb Spritz**

**£14**

Rhubarb and ginger gin liqueur topped with fine Italian Prosecco



# Wine & Coolers

Glass 175ml / Bottle


<b>Lucchetto Prosecco</b> <i>Italy, Veneto</i>	<b>£13</b>	<b>£39</b>
<b>Misty Ridge Sauvignon Blanc</b> <i>New Zealand, Marlborough</i>	<b>£10.50</b>	<b>£41</b>
<b>Alpha Zeta Pinot Grigio</b> <i>Italy, Veneto</i>	<b>£10.70</b>	<b>£42</b>
<b>The Turkey Flat Rose</b> <i>Australia, Barossa Valley</i>	<b>£12.20</b>	<b>£48</b>
<b>West Coast Cooler Original</b>		<b>£7</b>
<b>West Coast Cooler Rosé</b>		<b>£7</b>

# Beers & Ciders

<b>Peroni</b>	<b>£7.00</b>
<b>Corona</b>	<b>£7.00</b>
<b>Estralla</b>	<b>£7.00</b>
<b>Peroni 0%</b>	<b>£6.40</b>
<b>Magners Original</b>	<b>£7.40</b>
<b>Magners Pear</b>	<b>£7.40</b>
<b>Magners Orchard berries</b>	<b>£7.40</b>

# Soft Drinks

<b>Coca Cola</b>	<b>£4.60</b>
<b>Diet Coke</b>	<b>£4.60</b>
<b>Coke Zero</b>	<b>£4.60</b>
<b>Fanta Orange / Lemon</b>	<b>£4.60</b>
<b>Sprite</b>	<b>£4.60</b>
<b>Appletiser</b>	<b>£4.60</b>
<b>Three Cents Sparkling Lemonade</b>	<b>£4.60</b>
<b>Three Cents Ginger Beer</b>	<b>£4.60</b>
<b>Three Cents Cherry Soda</b>	<b>£4.60</b>



# Tea & Coffee

## Thompson's Tea

Since 1896 the Thompson family have been buying and blending the world's finest teas. The third generation of the Thompson family stay true to this tradition, blending award winning teas in Belfast to bring you a better cup of tea. We hope you enjoy our selection.

<b>Irish Breakfast</b>	<b>£4</b>
<b>Earl Grey</b>	<b>£4</b>
<b>Green Tea with Lemon</b>	<b>£4</b>
<b>Chamomile</b>	<b>£4</b>
<b>Peppermint</b>	<b>£4</b>
<b>Decaffeinated</b>	<b>£4</b>
<b>Very Berry</b>	<b>£4</b>

## S.D. Bell Coffee

Roasted locally in Northern Ireland, and exclusively for Hastings Hotels, S.D. Bell takes pride in the quality of their coffee – from seed to sip.

<b>Decaffeinated Coffee</b>	<b>£4</b>
<b>Espresso</b>	<b>£4</b>
<b>Macchiato</b>	<b>£4</b>
<b>Americano</b>	<b>£4</b>
<b>Cappuccino</b>	<b>£4</b>
<b>Café Latte</b>	<b>£4</b>
<b>Flat White</b>	<b>£4</b>

