




NUTRITION & SUPPORT

Working with Amethyst Trust, a charity established to meet the needs of people who have experienced cancer, we have developed a selection of suitable spa treatments.

The following rituals have been carefully designed to soothe the guest and nourish their body, using specially selected products. All experiences begin with breathing and visualisation techniques to commence relaxation, with the emphasis on a holistic approach to each guest's wellbeing.



NURTURE & SUPPORT

TREATMENTS FOR THOSE LIVING WITH & BEYOND CANCER

BE NURTURED BACK, FACE AND SCALP

80 MINUTES £135

Soothe mind and body with this renowned experience.

This relaxing and deeply effective ritual addresses the main areas of tension – the back, face and the scalp. A soothing back massage addresses areas of tension before a personalised facial completes this totally indulgent experience.

BE NURTURED MASSAGE

50 MINUTES £95

80 MINUTES £135

Soothe, relax and re-balance the body with this personalised massage.

Focusing on areas of concern using gentle but rich oil, this unique experience will deeply nourish and hydrate skin while calming the mind.

BE NURTURED FACIAL

50 MINUTES £95

80 MINUTES £135

Leave skin nourished and radiant with this relaxing facial.

Beginning with a detailed consultation and entirely tailored to your individual concerns, this facial expertly combines the most suitable selection of cleansing, massage, mask, serum and moisturiser according to your needs.

Please allow 10 minutes within this treatment time for consultation