

SPA TREATMENTS



ESTATE AND



SPA PRICE LIST

SPA RITUALS

HEAVENLY RETREAT	£210
OCEAN & EARTH RITUAL	FROM £135
SOLAR EXPERIENCE	£135
CULLODEN DETOX	£135
ESPA ICONIC BACK, FACE AND SCALP MASSAGE	FROM £135
SEQUOIA COUPLES SERENITY	£170 <i>per person</i>
SPA-TISSERIE	£130
DINE & INDULGE	£130
RISE & UNWIND	£100

FACIALS

PERSONALISED FACIAL	FROM £95
NATURAL FACE LIFT	£135
ACTIVE NUTRIENTS GLOW FACIAL	£105
MEN'S DEEP CLEANSE FACIAL	£95
LED & NANO- DERMABRASION FACIAL	£120

BODY

BACK, NECK AND SCALP MASSAGE	£95	PRENATAL MASSAGE	FROM £95
BODY TONIC	£95	MUMS TO BE	£210
RELAXATION MASSAGE	£135		
SWEDISH SERENITY	£135		
AROMATIC HOT STONE MASSAGE	£135		
DEEP MUSCLE MASSAGE	£135		
ESPA MINDFUL MASSAGE	£135		
BAMBOO JOINT RELEASE EXPERIENCE	FROM £135		
ESPA INNER STRENGTH AND RESILIENCE MASSAGE	£135		



NUTURE & SUPPORT

BE NURTURED MASSAGE **FROM £95**

BE NURTURED FACIAL **FROM £95**

BE NURTURED BACK, FACE
AND SCALP **£135**

NAILS

FILE AND POLISH **£18**

PRINCESS POLISH **£14**
(under 12s)

TWO WEEK GEL POLISH **£30**

FULL SET OF GEL
EXTENSIONS **£60**

NAILS

GEL INFILLS **£38**

REMOVAL OF GEL
EXTENSIONS **£25**

ADD FRENCH **£15**

HANDS & FEET

ADVANCED MANICURE **£75**

ESSENTIAL MANICURE **£55**

ADVANCED PEDICURE **£75**

ESSENTIAL PEDICURE **£55**

WAXING & TINTING

BROW £8

LIP £10

CHIN £10

BROW, LIP & CHIN £25

UNDERARM £15

HALF LEG £20

FULL LEG £30

HALF LEG & BIKINI £35

FULL LEG & BIKINI £40

BIKINI £18

CALIFORNIAN
(High Bikini) £20

BRAZILIAN
(Strip Left) £30

HOLYWOOD
(All off) £35

EYEBROW TINTING £12

EYELASH TINTING £18

EYEBROW WAX & TINT £18

EYEBROW WAX, EYEBROW
TINT & EYELASH TINT £32

MALE WAXING

CHEST £18

BACK £18

TANNING

HALF BODY £20

FULL BODY £30

SPA INFORMATION

SPA OPENING HOURS

Monday to Sunday
9.00AM–7.00PM

SCHEDULING AN APPOINTMENT

To schedule an appointment for your perfect treatment, please contact our Spa reservations team who will be able to guide you to the right choice. To ensure your preferred time and service is available we recommend to book in advance. All spa treatments and packages will need to be guaranteed with a credit card. Please note that appointments may alter by 15 minutes from the time stated at the time of booking. The allotted treatment time includes time for consultation and aftercare advice.

ARRIVAL TIME

Please allow sufficient time before your treatment to complete a Spa Consultation Form and/or Health Questionnaire. We recommend you arrive up to 1 hour in advance of your treatment so that you can change, relax and enjoy the spa facilities. Please be advised that late arrivals will result in a reduction of treatment time.

SPA FACILITIES AND ACCESS

The following spa facilities are available in the Spa and thermal suite: eucalyptus steam room, feature shower, tylariumn, swimming pool, jacuzzi, changing areas and relaxation rooms. A Day Pass can be purchased for £60 per person.

GYM

A state-of-the-art gym equipped with Technogym cardiovascular, strength machines and free weights area. Personal trainers are on hand to help you prepare for sporting events, specific goals or assistance with the creation of a life-changing fitness routine. The gym is available to hotel guests, members and day spa guests.

NAIL STUDIO

A glamorous studio for manicures and pedicures. Nail services do not include the use of the Spa facilities.

CHILDREN'S POLICY

Please contact the Spa reservations team for details on treatments available for under 16's. Access to heat experiences and the gym are restricted to over 16's. Child rate for pool access is £30.

CANCELLATION POLICY

A 100% charge will be incurred for any treatment not cancelled at least 48 hours prior to your scheduled treatment. Late arrival will shorten your treatment time. Group bookings required 7 days notice.

SPA ETIQUETTE

Our spa environment is one of relaxation and tranquillity. Please respect all spa guests' right to privacy and serenity. In light of this, the spa is a mobile phone, camera and smoke free zone. For your wellbeing, whilst availing of the Spa facilities, the management reserves the right to stop serving alcohol to any guests who may be visably under the influence of alcohol. Alcohol and food can be purchased within our Spa facility, so ask that none is brought in from external areas.

HEALTH CONDITIONS

Kindly advise us of any health conditions, allergies or injuries which could affect your choice of treatment when making your spa reservation.

PREGNANCY

We have specially designed treatments for expectant women or nursing mothers. Please allow our spa team to guide you in selecting which treatments are most suitable during this special time.

GIFT VOUCHERS

An ideal gift for someone special. Please contact the Spa reservations team for details.

PRICES

All prices are quoted in GBP and are subject to change at any time. Gratuities are not included and are welcomed at your discretion.

SPA INFORMATION



Culloden

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