

Zest ^{JUICE BAR}



Relax & Relish

Monday — Sunday
Open 8AM - 8PM



Breakfast/ Brunch

Kickstart your morning with a healthy breakfast in Zest Juice Bar that promises to set you up for the day or energise your work out. Enjoy freshly brewed coffee, fresh fruit and delicious breakfast snacks in a relaxed atmosphere pool side or to take with you on the go.

Culloden Homemade Breakfast Muffins & Armagh Apple Scuffins £4

Freshly Baked Scones £6
Choose from Plain, Fruit or Dark Chocolate and Cherry. Served with Whipped Irish Butter, Clotted Cream and Preserves

Irwin's White, Brown or Mixed Toast
Irish Butter and Preserves £4
Scrambled Egg £6

Just Live a Little Granola £7
Raspberry, Coconut and Cashew Granola, Clondeboy Yoghurt and Passionfruit Preserve or Berry Compote

£7
Birchers Overnight Oats
Flax Seed and Dried Raspberry

FRUIT CUPS

Watermelon Cup £4
Freshly Cut Watermelon Pieces

Honeydew Melon and Pineapple Cup £4
Freshly Cut Honeydew Melon and Pineapple

Fresh Fruit Salad cup £4
Freshly Cut Melon, Orange, Apple and Grapes



Lunch

SERVED FROM 12 NOON

Fuel your afternoon with one of Zest's light lunch offerings, prepared with the finest and freshest local ingredients. Choose from a vibrant salad, hearty soup or satisfying sandwiches, all with the perfect balance of flavour and nutrition.

Soup of the Day **£8**
Warm Focaccia

Croque Monsieur **£11**
Sourdough, Grant's Ham, Irish Cheddar and Bechamel Sauce

Prawn Open Sandwich **£15**
Malted Sourdough, Tomato, Cucumber Salad and Marie Rose Sauce

Warm Ciabatta Sandwiches
Toasted Ciabatta Bread, Salad Leaves, Tomato
Choose from...

Coronation Chicken **£14**
Irish Cheddar

Grilled Vegetable **£14**
Roast Red Pepper, Grilled Aubergine, Buffalo Mozzarella, Basil Pesto, Erin Grove Tomato, Red Bell Pepper Chutney (V)

SALADS

Chicken Caesar Salad **£12**
Northern Irish Chicken, Gem Lettuce, Chorizo, Parmesan Cheese, Croutons and Creamy Caesar Dressing

Boilie Goats Cheese Salad **£12**
Rocket, Gem Lettuce, Beetroot, Red Onion Chutney and Walnuts (V)

Summer Nicosie Salad **£12**
Gem Lettuce, Ripe Tomatoes, Potatoes, Tuna and Soft-Boiled Egg



Drinks

Zest Smoothie Special

Ask Server for Details

£4.50

Freshly Squeezed Orange Juice

Squeezed Daily Here in Zest Juice Bar

£4



Cocktails

Dive into refreshment with our exquisite selection of poolside drinks! Our menu features a vibrant array of cocktails made with fine spirits and fresh ingredients. As well as a list of wines, beers and soft drinks, all perfect for allowing you to relax, unwind and take time for yourself. Come sip, savour and enjoy the ultimate poolside experience.

Pineapple Spritz

Pineapple and Ginger Gin Liqueur topped with Fine Italian Prosecco

£14

Bishops Berry Bramble

Gin, Blackberry Liqueur, Sugars, Lemon

£14

Aperol Spritz

Summer Classic Aperol topped with Fine Italian Prosecco

£14

Estate Mint Mojito

Rum, Lime, Fresh Estate Mint from the Garden

£14

Rhubarb Spritz

Rhubarb and Ginger Gin Liqueur topped with Fine Italian Prosecco

£14



Wine & Coolers

Glass 175ml / Bottle

Lucchetto Prosecco <i>Italy, Veneto</i>	£13	£38
The Crossings Sauvignon Blanc <i>New Zealand, Marlborough</i>	£10.20	£40
Alpha Zeta Pinot Grigio <i>Italy, Veneto</i>	£10.20	£40
The Turkey Flat Rose <i>Australia, Barossa Valley</i>	£12.20	£48
West Coast Cooler Original		£6
West Coast Cooler Rosé		£6

Beers & Ciders

Heineken	£6.50
Corona	£6.50
Estrella	£6.50
Heineken 0%	£6.00
Magners Original	£7.00
Magners Pear	£7.00
Magners Orchard berries	£7.00

Soft Drinks

Coca Cola	£4.50
Diet Coke	£4.50
Coke Zero	£4.50
Fanta Orange / Lemon	£4.50
Sprite	£4.50
Appletiser	£4.50
Three Cents Sparkling Lemonade	£4.50
Three Cents Ginger Beer	£4.50
Three Cents Cherry Soda	£4.50



Tea & Coffee

Thompson's Tea

Since 1896 the Thompson family have been buying and blending the world's finest teas. The third generation of the Thompson family stay true to this tradition, blending award winning teas in Belfast to bring you a better cup of tea. We hope you enjoy our selection.

Irish Breakfast	£4
Earl Grey	£4
Green Tea with Lemon	£4
Chamomile	£4
Peppermint	£4
Decaffeinated	£4
Very Berry	£4

S.D. Bell Coffee

Roasted locally in Northern Ireland, and exclusively for Hastings Hotels, S.D. Bell takes pride in the quality of their coffee – from seed to sip.

Decaffeinated Coffee	£4
Espresso	£4
Macchiato	£4
Americano	£4
Cappuccino	£4
Café Latte	£4
Flat White	£4



