

RESTAND REVIVE

Autumn is about taking things slower and looking after your body. Soothe away stress and return your body and mind to the present moment with this heavenly treatment, targeting the body's most used areas.

Our 80 minute treatment includes:

- Foot Cocoon
- •ESPA Personalised Facial
- Oriental Scalp Massage
- Hand and Arm Massage

- Lower Leg and Foot Massage
- ESPA Gift worth £35
- Fluffy Robes, Towels and Slippers
- •2 Hour's Access to Spa Facilities

la dia Aminasage

£135 per person

To book please call **028 9042 1135** or email **thespa@cull.hastingshotels.com**

cullodenestateandspa.com

Free ESPA Gift Worth £35